

WEEK 1

WEEK COMMENCING

15 April, 6 May, 27 May, 17 June, 8 July,
29 July, 19 Aug, 9 Sept, 30 Sept

All of our meals are prepared using freshly sourced products from the East Midlands. If you need to know more about the ingredients used, please ask.

AVAILABLE DAILY: Best of both bread **Gluten, Soya** fresh fruit. Vegetarian meals available upon request



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN SIDES PUDDING

Cheesy tomato pasta
Gluten Mustard Soya Milk

Nottinghamshire
sausage & gravy
Gluten Sulphur Dioxide

Chicken & coconut curry
Milk

Roast Gammon
& Pineapple

MSC fish finger wrap
Gluten Fish

Garlic bread
Gluten Soya Milk
& vegetable sticks

Mashed potato
carrots & broccoli

Tilda mixed rice
carrot & cucumber sticks

Roast potatoes,
carrots batons
& broccoli

Oven chips
garden peas
or baked beans

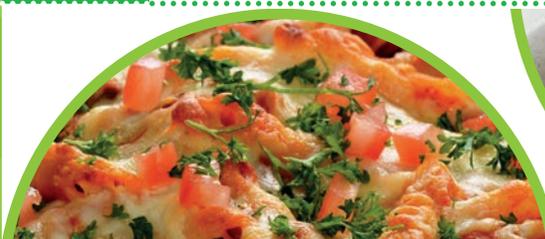
Strawberry mousse
Milk

Marble Sponge
Gluten
with custard **Milk**

Crispy jam tart
with custard
Gluten Milk

Ice-cream tub
Milk

Butterscotch tart
Gluten Milk



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WEEK 2

WEEK COMMENCING

22 April, 13 May, 3 June, 24 June, 15 July,
5 Aug, 26 Aug, 16 Sept, 7 Oct

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AVAILABLE DAILY: Best of both bread **Gluten, Soya** fresh fruit. Vegetarian meals available upon request



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN

SIDES

PUDDING

Margherita pizza
Gluten Soya Milk

Herby diced potatoes
sweetcorn
& carrot sticks

Chocolate brownie
Gluten

Hunters chicken
Milk Soya Celery Gluten

Potato balls
broccoli
& baton carrots

Shortbread cookie
Gluten

Pasta Neapolitan
Gluten Soya Milk Mustard

Garlic bread
Gluten Soya Milk
& crunchy vegetables

Ice-cream
tub
Milk

Roast pork,
stuffing & gravy **Gluten**

Mashed potatoes
fresh cabbage &
carrots

Jelly &
shortbread finger
Gluten

MSC Youngs fish fingers
Gluten Fish

Oven chips,
garden peas
or baked beans

Apple flapjack
Gluten



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WEEK 3

WEEK COMMENCING

29 April, 20 May, 10 June, 1 July, 22 July
12 Aug, 2 Sept, 23 Sept, 14 Oct

All of our meals are prepared using freshly sourced products from the East Midlands. If you need to know more about the ingredients used, please ask.

AVAILABLE DAILY: Best of both bread **Gluten, Soya** fresh fruit. Vegetarian meals available upon request



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN

SIDES

PUDDING

Quorn dippers wrap
Gluten

Baby roast potatoes
carrot & cucumber sticks

Fruit cookie
Gluten

Spaghetti Bolognese
Soya Fish Gluten Mustard

Crusty bread
Gluten Sesame
& sweetcorn

Chocolate brownie
Gluten

Nottinghamshire sausage hot-dog
Gluten Sesame Sulphur dioxide

Jacket wedges & vegetable sticks

Frozen yoghurt
Milk

Roast chicken, stuffing **Gluten** & gravy

Mashed potatoes fresh broccoli & carrots

Strawberry shortcake
Milk Gluten

MSC battered fish
Fish Gluten

Oven chips garden peas or baked beans

Chocolate crispy **Gluten** with strawberry milkshake **Milk**



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